

To our pregnant patients;

We strongly recommend getting the flu shot while you are pregnant. The flu vaccine is available now.

Influenza can be more severe in pregnant women. Please let us know if you have any symptoms such as cough, sore throat, and fever.

During this time of flu and RSV season (now thru March) the Labor & Delivery and postpartum unit at the hospital has visitor restrictions. No children except your children are allowed on the units. Please ask any visitors that are ill to not come and visit you during your hospital stay. The policy might become more restrictive as the season goes on. You may call the Labor & Delivery unit at (720) 754-7380 for the current policy.

It is important also for your partners and family members to receive the flu vaccine for the sake of your child. Infants can not get the flu vaccine until they are 6 months old.

Reduce the risk of contacting the flu by: Frequent hand washing, minimizing contact with sick individuals, having ill persons stay home and cover their coughs.

Thank you,

Dr. Kiersten Williams
Dr. Glenn Foust
Dr. Victor Dabelea
Stacey Brophy, CNM
Patty Emmons, CNM